

# **STEVE RADACK COMMUNITY CENTER JUNE EVENT CALENDAR**



**Monday – Friday: 7:30 a.m. – 9 p.m.**

**Saturday: 8 a.m. – 4 p.m.**

**18650 Clay Road, Houston 77084**

**832-927-3000 • [hcp4.net/radack-cc](http://hcp4.net/radack-cc)**

## MONDAY

7:30 a.m. & 5 p.m. – Walkercise  
7:30 a.m. – 8:45 a.m. – Yoga  
9 a.m. – Spades  
9:30 a.m. – Advanced Tai Chi  
10 a.m. – Conversational Spanish  
10 a.m. – Wise Women  
10 a.m. – Strength and Tone  
11 a.m. – Intermediate Line Dance  
11 a.m. – 2 p.m. – Bridge  
6 p.m. – E.S.L.

## TUESDAY

7:30 a.m. & 5 p.m. – Walkercise  
9 a.m. – Needlework  
10 a.m. – Line Dancing w/ Zumba Mix  
10 a.m. – Rummikub  
11 a.m. – Domino's  
11 a.m. – 2 p.m. – Bridge  
2 p.m. – Intermediate Belly Dance  
6 p.m. – Order my Steps  
6 p.m. – Pilates

## WEDNESDAY

7:30 a.m. & 5 p.m. – Walkercise  
7:30 a.m. – 8:45 a.m. – Yoga  
10 a.m. – Simply Strength  
9 a.m. – Pinochle  
9 a.m. – Beginner Zenobics Tai Chi  
10 a.m. – Belote  
11 a.m. – Book Club  
11 a.m. – Mindful Meditation  
11:30 a.m. – Duplicate Bridge  
Noon. – Bunco

## THURSDAY

7:30 a.m. & 5 p.m. – Walkercise  
11 a.m. – 2 p.m. – Bridge  
6 p.m. – Pilates  
9 a.m. – Fun Time Art Group  
11 a.m. – Hands & Foot Canasta  
2 p.m. – Belly Dance (All levels)  
4 p.m. – Yoga  
6:30 p.m. – Karate (ages 6-12)  
7:30 p.m. – Karate (ages 13 and older)

## FRIDAY

7:30 a.m. & 5 p.m. – Walkercise  
9 a.m. – Zenobics Tai Chi  
9 a.m. – Pinochle  
10 a.m. – Cardio & Strength  
10 a.m. – Euchre  
11 a.m. – Intermediate Line Dance  
6 p.m. – Aruande Capoeira  
(ages 8-15)  
6 p.m. – E.S.L.  
7 p.m. – Aruande Capoeira  
(ages 16 and older)

## SATURDAY

8 a.m. – Walkercise  
8:30 a.m. – Yoga  
10 a.m. – Line Dance

# Ongoing Programs



**Harris County Precinct 4**  
Commissioner R. Jack Cagle  
Steve Radack Community Center

## **COLORECTAL CANCER EDUCATION PROGRAM**

**Wednesday, June 1, at 9 a.m.**

It's more common than you think. Colorectal Cancer is the third most common cancer in men and women. Learn how to lower your risk and when to get screened. Call 832-927-3000 to register.

## **CIVILIAN RESPONSE TO AN ACTIVE SHOOTER**

**Thursday, June 2, at 6 p.m.**

Active shooter events have become all too common across the country. Knowing how to properly respond to an active shooter can be the difference between life and death. Civilian response training is based on the Avoid, Deny, Defend, model as taught by ALERRT (Advanced Law Enforcement Rapid Response Training), and all instructors are certified as CRASE instructors. Call Precinct 5 Constables at 832-927-6829 to register.

## **JULY TRIP SIGN-UP**

**Friday, June 3, at 9 a.m.**

Sign-up is on a first-come, first-served basis. Transportation is provided for individuals 50 and older through Harris County Precinct 4. Buses will pick up and drop off participants at the center.

**Wednesday, July 6**

**Lucky Land**

**Cost is \$7.**

## **RELAXED YOGA**

**Fridays, at 8:30 a.m.**

Join this 9-week class beginning on June 3, to learn physical poses, meditation, and controlled breathing practices to help relieve stress and anxiety. Call 832-927-3000 to register. Bring a mat.

## **AARP DRIVER SAFETY PROGRAM**

**Saturday, June 4, from 8:45 a.m. – 2 p.m.**

Learn proven safety strategies to maintain your confidence behind the wheel. A \$20 fee will apply for AARP members. You must present your card for the discount. A \$25 fee will apply for non-AARP participants. This class will not dismiss tickets but may earn you a discount on your auto insurance. Call 832-927-3000 to register.



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**June Special Events**

## **HEARING LOSS ASSOCIATION OF AMERICA**

**Saturday, June 4, from 10 a.m. – noon.**

Learn what help is available to those with hearing loss, and their families. Doctors, audiologists, and volunteers provide information, education, and support for those in the Houston area.

## **INDIAN FOLK DANCE**

**Tuesdays, at 11:45 a.m.**

The folk dances of India are much more than mere body movements. From ancient times to now, the classical dance forms of India have been considered a discipline. Join us for this unique, 8-week, laughter-filled dance class. Call 832-927-3000 to register.

## **HOMEMADE CARD CLASS**

**Tuesday, June 9, from 1 p.m. – 3 p.m.**

Learn how to make your own card for birthdays, sympathy, or holidays. There is a \$5 supply fee, but it covers all the supplies necessary for you to make two to three cards and matching envelopes. Call 832-927-3000 to register.

## **CHILDREN'S S.T.E.M. CLASSES**

**Fridays, June 10, 17, and 24, at 1 p.m.**

Children 5 and older are invited to join the Texas Agriculture Extension for a variety of hands-on science experiments, from rocket science to egg drops, and much more. Call 832-927-3000 to register.

## **CHILDREN'S SEWING CLASS**

**Monday – Friday, June 13, 14, 15, 16, and 17, at 10 a.m.**

Children 8 and older are invited to take this 5-day class and learn the basics of sewing. They will take home a new project each day. Each child must bring their own sewing machine, fabric, thread, scissors, and ruler. Call 832-927-3000 to register.



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**June Special Events**

## **CHILDREN'S CRAFTS – TISSUE PAPER PICTURE**

**Tuesday, June 14, from 10 a.m. – noon.**

Children from ages 5 to 10 can sign up to create a picture using tissue paper and glue. These brightly-hued pictures are a delight to see. Call 832-927-3000 to register.

## **CLEAR CAPTION FROM HEARING LOSS OF AMERICA**

**Tuesday, June 14, at 11 a.m.**

If you or someone in your family experiences hearing loss, join us for support, education, and advocacy. We will explain what help is available, including free phones and laptops. Call 832-927-3000 to register.

## **H. C. PRECINCT 5 CONSTABLES K-9 PRESENTATION**

**Thursday, June 23, at 10 a.m.**

Adults and children of all ages will enjoy this presentation by the Harris County Precinct 5 Constables K-9 department. Come see the deputies put their dogs to work, and learn what goes on behind the scenes with the deputies and their dogs. Call 832-927-3000 to register.

## **FREE CHILDREN'S IMMUNIZATIONS BY HARRIS HEALTH**

**Tuesday, June 28, from 10 a.m. to 2 p.m.**

Children, from 2 months to 18 years old, with no health insurance or who are under-insured, on Medicaid, Indian/Native American, or Alaskan Native are eligible. Must bring child's original shot records.

## **CHILDREN'S CRAFTS-FOAM PICTURE FRAME**

**Wednesday, June 29, 10 a.m.**

Children ages 5 to 10 will enjoy creating a brightly colored frame made out of foam for their picture. Call 832-927-3000 to register.

## **JUNETEENTH HOLIDAY**

**June 18, 19, and 20**

The Steve Radack Community Center will be closed on June 18, 19, and 20 for the Juneteenth holiday.



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